

## **NATIONAL YOUNG WOMEN OF DISTINCTION VIDEO SUBMISSION GUIDELINES**

Your video should be no longer than one minute and should be in a linkable format that you can upload to a sharable site such as YouTube or Vimeo. The video can be made using any recordable device, including a cellphone, tablet, or digital camera. Be sure that the recording on the video is clear and audible and that there are no visible or audible distractions in the background. Quick tip\*\*\* If recording your video from your cellphone please be sure to hold the phone horizontally as it captures a higher quality video. Your video does not need to be professionally shot. Make it casual, fun, and all about you and the impact you're making! Be sure to include a brief overview of your project, including what Girl Scouts has meant to you and why you should be selected as a National Young Woman of Distinction!

### **DOCUMENT UPLOAD \*\*\* ([STEP 6](#) of the Go Gold Online Gold Award application)**

Please be sure to upload all photos, videos and other documents relevant to your project during step 6 of your Gold Award online application. All documents in STEP 6 will be available for NYWOD reviewers to see -- So! If you have any important documents that you may not have had the opportunity to upload prior to your Gold Award approval, please take this time to upload it before you submit your application.