

***MEAL KAPERS***

*Troop of 12 girls and 2 adults*

*Friday Menu*

***Dinner***

*Caesar Salad………………………………………………………………………………Kassandra & Shauna*

*Green Salad & dressing (Ranch & Italian)…………………………………………..… Rebecca & Lily*

*Pasta & Broccoli/Cauliflower……………………………………………………………. Carissa & Hannah*

*Marinara & meat sauce………………………………………………………………….. Danielle & Lauren*

*Dinner rolls*

*Beverages*

*Set & Clear Table………………………………………………………………………… Amanda & Sarah*

*Dish Washing + extra…………………………………………………………………….Crystal & Magdalena*

*S ‘mores in the oven later*

*Saturday Menu*

***Breakfast***

*Muffins…………………………………………………………………………………….. Sarah*

*Eggs……………………………………………………………………………………….. Amanda*

*Hash browns……………………………………………………………………………… Crystal & Magdalena*

*Fruit…………………………………………………………........................................... Lauren*

## *Juice (Orange & Apple), milk, hot chocolate*

*Biscuit Bread & cinnamon sugar………………………..……………………………….Danielle*

*Bagels, jam, cream cheese, cereal*

*Set & Clear Table………………………………………………………………………….Kassandra & Rebecca*

*Dish Washing + extras……………………………………………………………………Shauna & Lily*

# *Lunch*

*Sandwiches (Ham, Turkey, cheddar & provolone)*

*Tortillas & salsa*

*Fruit & Snacks*

*Set & Clear Table………………………………………………………………………….Carissa & Hannah*

*Paper products*

We all work together to prepare this meal.

# Dinner

Chicken, potatoes & carrots stew in oven….…………….……………………………. Danielle & Carissa

Pineapple upside down on stove (Bakepacker).……………………………………… Kassandra & Lauren

Own Chicken quesadillas

Set & Clear Table……………………………………………….................................... Shauna & Lily

Dish Washing + extras……………………………………………………………………Rebecca & Hannah

Light snack later

Sunday Menu

**Breakfast**

Bagels, jam, cream cheese, cereal

Fruit

Juice, milk

Set & Clear Table………………………………………………………..……………... Danielle & Lauren

Dish Washing + extras…………………………………………………..…………….. Shauna & Carissa

01/2015