



GAB Gold (Returning) Member Application Form & Video Submission

STEP 1

Complete and submit the [online GAB application](#) **by Sunday, Jan. 8, 2017.**

STEP 2

Submit a simple **headshot** (can even be a selfie!) as well as your **60-second video** file (.mp3, .wmv, .avi, or .mov) to pr@girlscoutsla.org **by Sunday, Jan. 8, 2017.** If your video file is too large to email, please send via WeTransfer (www.wetransfer.com).

Tell us in 60 seconds how Girl Scouting has affected your life during the past two years—and why you want to continue being in GAB. You can sing it, recite it as poetry, act it out with a script and props, or just look at the camera and talk. Make sure you use all of the skills you've gained in GAB!

Your video ***must***:

- Open with you saying your name, Girl Scout level, and troop number
- *Not* be more than 1 GB in size
- *Not* be more than 60 seconds in length
- Must be a .wmv, .mp4, .avi, or .mov file
- Have a file name of your name (e.g., LastnameFirstname.wmv)
- Arrive at pr@girlscoutsla.org by Sunday, Jan. 8, 2017

All video submissions and images, upon receipt, become the property of Girl Scouts of Greater Los Angeles for its use in the promotion and publicity of Girl Scouts and Girl Scouts of Greater Los Angeles.

GAB members will be selected every two years by a committee of Girl Scout volunteers and staff. NOTE: Previous GAB experience does not guarantee placement in 2017–19 Girl Advisory Bureau.

If you have any GAB or application process questions, please contact Melanie Larsen at pr@girlscoutsla.org.