

Girl Scout Daisy First Six Meetings



Objective

The goal of your first six Daisy meetings is to encourage the girls and adults to get to know each other and the Girl Scouts and to be able to function as a troop. The girls will also be introduced to the Girl Scout Leadership Journeys, Discover Journeys, and prepare for their investiture ceremony where they are presented with their Promise Circle and their Girl Scout Daisy Pin.

Introduction

Included in this packet are basic outlines for your first six Girl Scout Daisy meetings. They are designed to help you get started, and can be changed or modified to fit the needs and the interests of the girls in the troop.

Resources

Suggested items include but are not limited to:

- Welcome to the Daisy Flower Garden Journey Adult How to Guide
- Daisy Girls' Guide to Girl Scouting
- The girls in the troop: keep track of comments and suggestions from the girls throughout the meetings
- Your ideas: don't underestimate yourself
- The other adults in the troop: tap into this group as often as possible
- http://www.girlscoutsla.org/pages/for_volunteers/Cool_Tools.html
- http://forgirls.girlscouts.org/: This "For Girls" section is loaded with ideas designed just for Daisies

Each Meeting consists of:

- Start—up activity
- 2. Opening
- 3. Business
- 4. Activities
- 5. Snack (optional but recommended)
- 6. Clean-up
- 7. Closing





Theme: Getting to Know You

START—UP ACTIVITY

Name Tags Materials

- Heavy paper in trefoil shapes with two holes punched out and the Girl Scout Promise lightly printed on the back (template attached)
- Yarn cut into long pieces (3–4 feet long)
- Crayons/markers/colored pencils

Instructions

- As the girls arrive, give each of them a trefoil cut-out and a piece of yarn
- Have each girl write her name on the trefoil and encourage her to decorate it as she would like
- Help the girls tie the yarn through the holes to make a necklace

OPENING

Introductions

- Introduce yourself and the other adults and add some personal information about yourself (favorite color, favorite food, favorite animal)
- Ask the girls to do the same

Quiet Sign

- Introduce the quiet sign to the group: raised hand with all five fingers referring to the original law five "to be courteous"
- Explain that when they see the leader raise her hand in the quiet sign that they should raise their hands as well, and be quiet.

 On my honor, I will try:

BUSINESS

Girl Scout Promise

Ask the girls the following questions:

What is a promise? Why is it important to keep our promises? What if we forget?

What do the words "I will try" mean?

Teach the girls the Girl Scout sign (right hand, three fingers)
Teach the girls the Girl Scout Promise

To serve God and my country,

To help people at all times, And to live by the Girl Scout Law





ACTIVITIES

Daisy Circle, Garden—Style (from Discover Your Journey; It's Your World, Change It! Journey Taster Activity available at http://www.girlscoutsla.org/documents/Daisy_Journeys_Taster_Activities.pdf)

No materials needed to do this activity

This game lets the girls move about—and get the wiggles out

Gather the girls in a circle and explain to them that no matter where people live – house or apartment, city, suburb, or rural area – gardens are rarely far away. Talk about the gardens that your troop/group may know about – a flower patch at their school, a garden within a city park, a community garden in their neighborhood.

- 1. Explain to the girls that they'll now play a game where they will be the critters that live in a garden.
- 2. Start off by talking about four or five garden critters common to your community. If you live in an urban area and the girls have not had a chance to visit many gardens, likely they will have seen pigeons, small birds like sparrows, and possibly squirrels. Ask the girls if they know, for example, what sound a bird makes (a chirp) and how it moves about (by flapping its wings). Encourage the girls to name some critters on their own by saying something like, "Do you know any other garden critters in our area?" In this way, the girls will have a variety of critter sounds and movements in mind before the game starts.
- 3. Next, explain that you will call out the name of a garden critter, and all the girls, together, will pretend to be that critter in sound and movement.
- 4. The girls will continue the critter's sound/movement until you call out a new critter. Example: You call out "bird" and all the girls chirp and flap their arms. Then you call out "frog" and the girls jump up and down and say, "ribbit, ribbit." Once the activity gets going and the girls have moved through a few garden critters, consider asking the girls to take turns calling out critter names. You can then join the rest of the girls in making critter sounds and movements.

Troop Agreement

Use the Quiet Sign to gather the girls in a circle.

With the girls, brainstorm a list of things to remember so that the troop can be safe and have fun at meetings. (i.e. listen to instructions, take turns, raise your hand to talk) Write these ideas down (if possible, use a large paper so everyone can see). When the list is complete, ask all the girls and adults to agree to follow these guidelines for all future meetings. Leave the list up to help remind everyone what they agreed to.



girl scouts greater los angeles

Promise Reminders

Materials

- Original name tags
- Green markers/crayons/pencils

Instructions

- On the back of the name tags the girls made earlier, have them trace over the Girl Scout Promise that's faintly printed there. Read it together a couple times.
- The girls should hang their name tags up at home so they can see them and practice saying the words.

SNACK TIME

Girls like to socialize around eating. At every meeting try to have a few minutes set aside for the girls to enjoy a simple healthy snack. One of the jobs on the Kaper Chart could be to bring a healthy finger food snack to share. Make sure to write down any food allergies or religious restrictions so the healthy snack can be enjoyed by everyone.

The girl who brought a snack to share chooses a helper (or a helper can be a Kaper) and serves the girls.

CLEAN-UP

Girl Scouts always leave a place better than how they found it. Ask each girl to be responsible for her own place and her own supplies. Or, you could assign easy Kapers (sweeping, collecting trash, pushing in chairs, etc.).

CLOSING

Friendship Circle

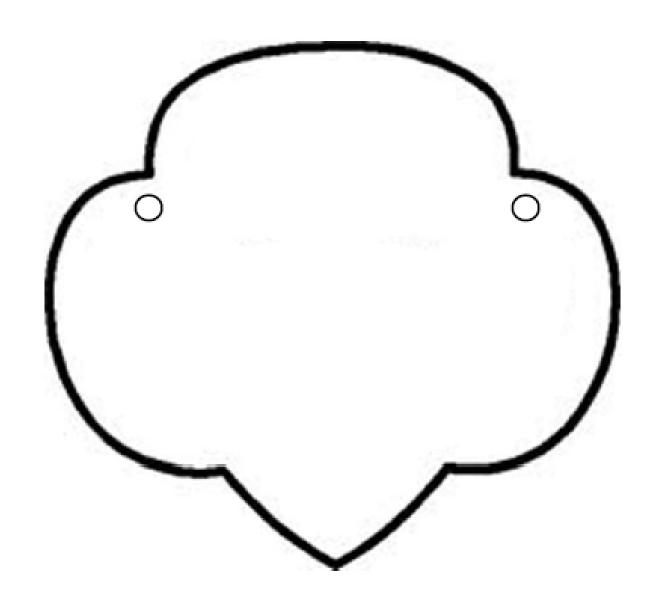
- Girls join hands to form a circle. Once they've formed a circle, they should rearrange their holds so that their arms are crossed right over left.
- One girl starts the circle by making a silent wish, then squeezing the hand of the girl on her right.
- Each girl squeezes the next girl's hand in turn, until the squeeze "gets back' to the first girl.
- The girl who began the squeeze can say, "Goodbye Daisy Girl Scouts."
- Remind the girls:
 - To hang their Promises where they can see them and to practice saying the words. When the next meeting is.
- The circle breaks and the girls find their adults to head home.







Name tag template Front







Name tag template Back

On My Honor,
I will try:
To serve God & my country
To help people at all times
And to live by the
Girl Scout Law.



Theme: Getting to Know Girl Scouts

START-UP ACTIVITY

Daisy Chains

Materials

- Long pieces of strong cord/yarn/string (about 3 to 4 feet long)
- Beads (a variety of different shapes, sizes, and colors that will fit on the string

Instructions

- As girls arrive at the meeting, give each of them a piece of string and access to the beads
- They should make a bead necklace
- When they're done they will give their necklace to another girl. (ties in with the Girl Scout Law—be a sister to every Girl Scout—which they will learn about later in this meeting)

OPENING

Use the Quiet Sign to get the girls attention. Welcome them to the second meeting.

Flag Ceremony

Introduce a simple flag ceremony. Say the Pledge of Allegiance, then say the Girl Scout Promise that they learned last meeting. More information can be found on our website.

BUSINESS

Who is Juliette Gordon Low?

Use the Daisy Girls' Guide to Girl Scouting page 12 to introduce Juliette Gordon Low. Mention that her birthday is on October 31—brainstorm ways the troop could celebrate her birthday. Introduce the idea of an Investiture and Rededication Ceremony. Make a suggestion that the birthday celebration for Juliette Gordon Low could also include their Investiture.

What is an Investiture Ceremony?

An Investiture welcomes new girls and adults into the Girl Scouting family for the first time. Girls receive their Daisy Pin at this time. The girls could earn the Promise Circle at this time as well.

What is a Rededication Ceremony?

A Rededication Ceremony is an opportunity for girls and adults to renew their commitment to the Girl Scout Promise and Law.

Ideas for the Ceremony/Celebration (questions to ask the girls)

- How can we let people know about the ceremony? (invitations)
- How can we decorate for the ceremony?
- What food should we serve at the ceremony?
- What should we do at the ceremony?





ACTIVITIES

Girl Scout Law

Remind the girls of the line in the Girl Scout Promise, "and to live by the Girl Scout Law." Teach them the Girl Scout Law by reciting it and having them repeat after you. They don't have to memorize it, have the Law on a large display for them to see.

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world and better place,

and be a sister to every Girl Scout.

Optional: Sing the Girl Scout Law to the tune of "Home on the Range". I will do _ my best =Oh give me a home, respect myself and others = Home, home on the range.

Daisy Petals

Explain to the girls about the Daisy Petals—each of the petals is a different color and has a different flower associated with it; each color represents a different part of the Girl Scout Law. More details can be found in the Daisy Girls' Guide to Girl Scouting page 6. (see attached illustration)

Give each girl a blank Daisy Petal handout (attached), and have the girls color the petals as you review the Girl Scout Law again. If they'd like they can also draw a picture of the flower next to each petal.

SNACK TIME

Ask the girl who brought snack to choose a partner and serve the snack. Or the snack partner could be a Kaper Chart item.

CLEAN-UP

Tidy up the meeting place in the same manner as last time.

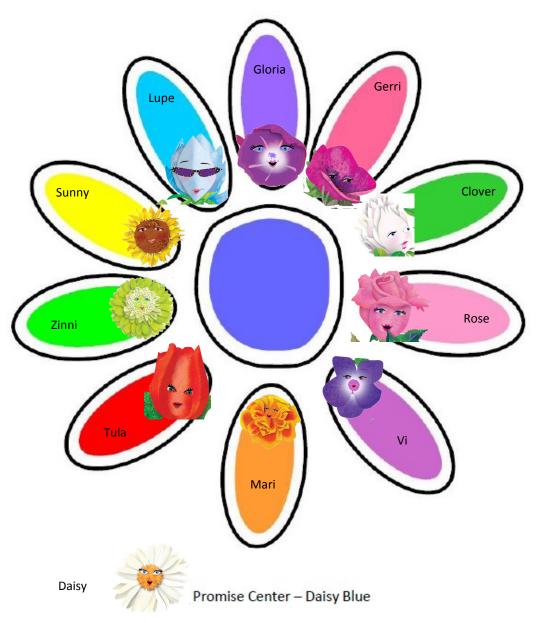
CLOSING

Close out your meeting with a Friendship Circle





DAISY PETALS





___ Red – Courageous & Strong

___ Orange – Responsible for what I say & do

Purple – Respect myself & others

___ Magenta – Respect authority

Green - Use resources wisely

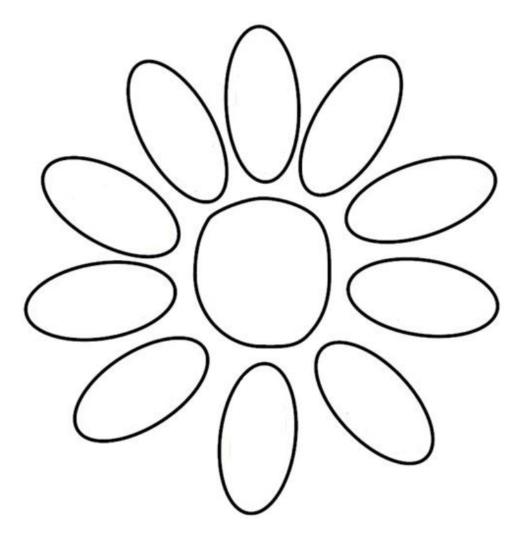
____Rose – Make the world a better place

____ Violet – Be a sister to every Girl Scout





DAISY PETALS



___ Promise Center – Daisy Blue

Light Blue – Honest & Fair	Purple – Respect myself & others
Yellow – Friendly & Helpful	Magenta – Respect authority
Spring Green – Considerate & Caring	Green – Use resources wisely
Red – Courageous & Strong	Rose – Make the world a better place
Orange – Responsible for what I say & do	Violet – Be a sister to every Girl Scou





Theme: Working Together

START-UP ACTIVITY

Kaper Chart Name Tiles (optional)

This activity can be used if you are going to use the Daisy Petal name tiles to make a Kaper chart. If you choose not to use them for that purpose they could be just name tags or part of the decorations for the ceremony

Materials

- Daisy Petal Name Tiles (see attached template)
- Crayons/markers/colored pencils

Instructions

- As the girls arrive, give each of them a Daisy Petal Name tile
- Instruct them to color the petals the same way they did last meeting—each petal is a different color that corresponds to the Girl Scout Law. (Maybe have a large Daisy Petal display as a reminder)
- Have each girl write her name in the blue center circle.

OPENING

Use the Quiet Sign to get the girls' attention.

Hold the usual flag ceremony or ask the girls to come up with their own version. Don't forget to include the Girl Scout Promise after the Pledge.

BUSINESS

Kaper Chart

- What are Kapers? Information is available in the Daisy Manual.
- Discuss ways the girls can help the troop Ask the girls to add to your kaper list

Flag ceremonies (color bearer and color guard)

Activities (supply monitor and trash collector)

Sweeper

Snack Helper

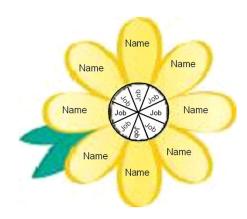
Closing (squeeze starter)

- Explain that when everyone helps at meetings, we are fulfilling the Girl Scout Promise—"I will try... to help people at all times."
- Everyone will get a chance to do all of the jobs at one point or another

 Name tiles they made earlier can be posted at different jobs at the beginning of each meeting OR you can make the Daisy Kaper Chart on the next page.







Daisy Kaper Chart:

To make this version of a Kaper Chart all you need is heavy card stock and a brad or connector for the middle.

The small circle in the middle has the jobs (Kapers) that need to be done at the meetings.

The daisy petals on the outside have the girls' names on them. Make the daisy with as many petals as there are girls in the troop and make sure there is a job for every girl.

Rotate the small circle in the center to line up with the girl's name to assign the kaper.

ACTIVITIES

Ceremony Invitations

Remind the girls of the Investiture and rededication ceremony they are planning and discuss who to invite and how they can let their guests know about it. (invitations)

Materials

- Heavy paper with preprinted invitation information (or depending on the abilities of the girls the information could be posted on large paper in front of the troop so girls can copy the information).
- Coloring implements (crayons, markers, colored pencils, etc.)
- Anything else to decorate the invitations (stickers, glitter, etc.)

Instructions

- Have each of the girls make several invitations for the ceremony
- Discuss who to invite to the ceremony
- Provide examples of invitations so girls may have a better idea of what they are and how they work

SNACK TIME

Ask the girl who brought snack to choose a partner and serve the snack. Or the snack partner could be a Kaper.

CLEAN-UP

If the Kaper Chart is ready, use it to lead the clean-up. If not have the girls tidy the area the same as the past two meetings.

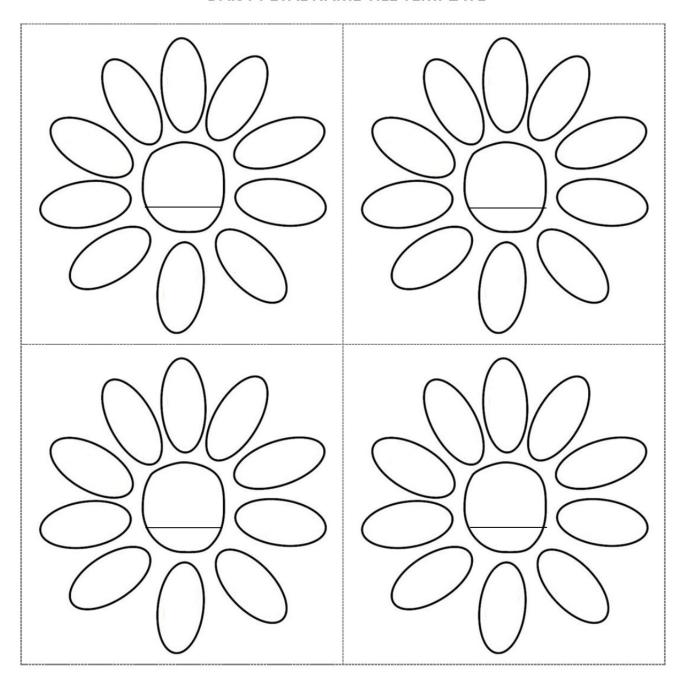
CLOSING

Close the meeting with a Friendship Circle or another closing the girls choose.





DAISY PETAL NAME TILE TEMPLATE







Theme: Planning the Ceremony

START-UP ACTIVITY

Ceremony Decorations

Materials

Anything you think the girls might like to decorate the meeting place. No need to spend lots of money. The decorations can be paper chains, tissue flowers, colored posters, etc. There are many on-line resources to help you.

Instructions

As the girls arrive have them make decorations for the ceremony.

OPENING

Use the Quiet Sign to get the girls' attention. Hold the regular flag ceremony.

BUSINESS

Planning the Ceremony

Explain that the girls will be using this meeting to plan the Investiture/Rededication Ceremony. Help everyone understand that every idea is a good idea. For Daisies, voting on ideas can lead to hurt feelings so try to include as many ideas as possible.

The following are all possible parts of the Investiture/Rededication Ceremony. Ask the girls for ideas for each component and help them make the final decisions for each.

- Flag Ceremony: remind the girls of the flag openings they have been using at their meetings
- Songs: Teach the girls "Make New Friends" available in MP3 format at www.GSUSA.org/for girls
- Recognition: Leader explains to the guests that the girls have been learning about the Girl Scout Promise and Law and explains about the Daisy Petals.
 Leader then presents each girl with her Promise Circle.
- Investiture/Rededication: New Daisies receive their Daisy Girl Scout Pin; Girl Scout Handshake. Returning Daisies may receive an optional rededication patch; Girl Scout Handshake.
- Refreshments: These should be as simple as possible.
- Clean-up
- Closing Friendship Circle. Invite guests to join in

It is very important to include the girls in every decision you make about this ceremony. It is their ceremony and they need to feel they have control of it. By doing this you will be laying the foundation for the Girl Scout Leadership Experience.





ACTIVITIES

1. Decorate Your Strong Shell: (From the It's Your Story, Tell It! Journey Taster Activity available at http://www.girlscoutsla.org/documents/Daisy_Journeys_Taster_Activities.pdf)

Materials for this activity: Turtle shell; template available on the next page, crayons or markers.

Let the girls know that confidence can be like a shell (just like a turtle has!) that protects them and always keeps them strong and feeling great about themselves. You might say something like, Just imagine that every time you wear this shell, it's easy to believe in yourself and your ability to do great things! Then say:

- Do you ever think, "I just can't do it" or "Maybe I shouldn't even try"? We all think these things sometimes, but with this shell protecting you will remember all the strength and all the skills you have inside you!
- Let's think about what keeps you feeling good and strong (things like your family, your friends, your pets, learning about yourself, trying new activities, knowing everyone is special in her own way). Now, with pictures or words, let's each of us put all of the things that make us feel good and strong on our shells.

Once the girls have decorated their shells, ask them to talk about what they put on the shells. Ask: Do other girls have something on their shells that might keep you strong, too? Add it to your shell! You might say: Take this shell home and keep it in a special place. Whenever you look at it, remember all the strength and all the skills you have inside you. With these strengths and skills, you can always do great things!

2. This is also a good time to teach them the **Girl Scout Handshake** to prepare them for their ceremony.

Girl Scouts shake left hands and raise their right hand in the Girl Scout sign.

SNACK TIME

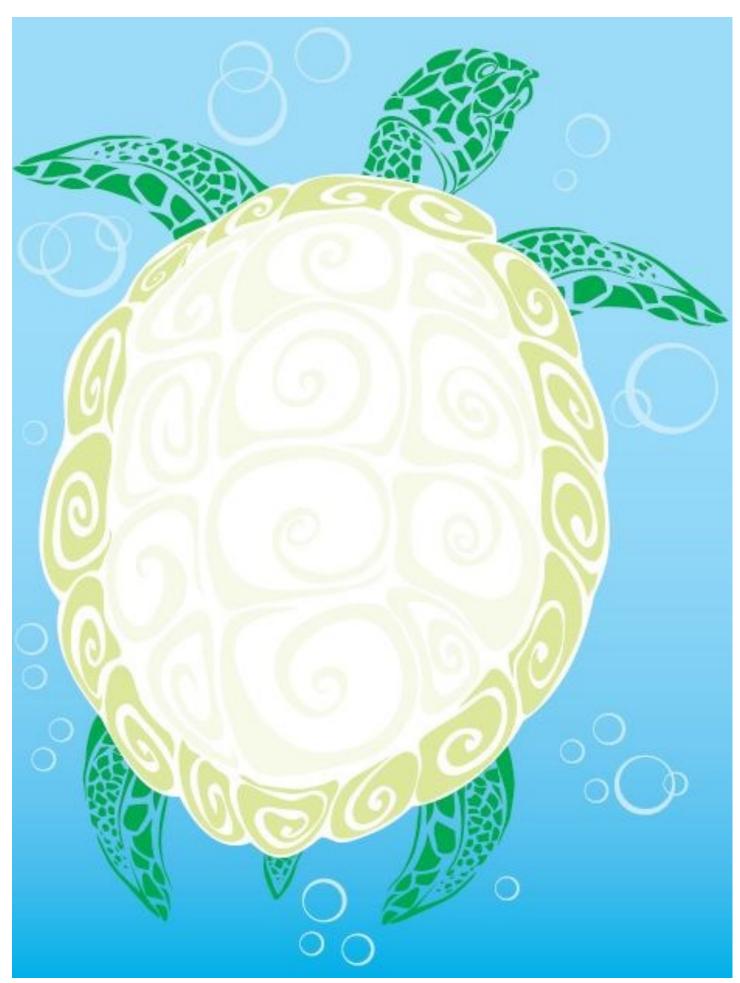
Ask the girl who brought snack to choose a partner and serve the snack. Or the snack partner could be a Kaper.

CLEAN-UP

Use the Kaper Chart to tidy up the area.

CLOSING

Close your meeting with a Friendship Circle.



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Theme: Having The Ceremony

This is the meeting when the girls and the adult volunteers hold the Investiture Ceremony the girls planned.

START-UP ACTIVITY

As the girls arrive they can decorate the meeting space with the decorations they made. They can also tidy up the area and set up tables and chairs as needed to prepare the meeting space for the ceremony. They can also seat their guests and welcome everyone to the ceremony.

OPENING

The girls do the opening and flag ceremony they decided on.

SONGS

The girls perform the songs they decided on.

RECOGNITIONS

Leader explains to the guests that the girls have been learning about the Girl Scout Promise and Law and explains about the Daisy Petals.

Leader then presents each girl with her Promise Circle.

INVESTITURE/REDEDICATION

New Daisies receive their Daisy Girl Scout Pin.

Returning Daisies may receive an optional rededication patch.

REFRESHMENTS

The girls serve their guests the refreshments they decided on.

CLEAN-UP

Everyone pitches in and tidies up the meeting place.

CLOSING

The girls invite their guests to join them in a Friendship Circle.









Theme: Discover Your Journey/Choosing a Girl Scout Leadership Journey

The girls have already done two taster activities from Discover Your Journey in earlier meetings. In this final stage the girls will make their first Journey choice. To learn more about the Discover Your Journey guide, and the resources available to you as your girls choose their first Journey, visit http://www.girlscoutsla.org/pages/for_volunteers/Cool_Tools.html and gsbooks.doopit.com.



Adult preparations:

Download the Girl Scout Daisy Journey Snap Shots from the web site and the Girl Scout Daisy Journey Map from http://forgirls.girlscouts.org/wp-content/uploads/2012/10/VTEE-D-1_DaisyJourneyMap.pdf. Become familiar with the information before your meeting.

START-UP ACTIVITY

Materials

- Girl Scout Journey Awards coloring sheets (attached)
- Crayons/markers/colored pencils/glue sticks/scissors

As the girls arrive have them each color the Journey Awards coloring sheets. You might have pictures of the awards out so they can see them. Have them cut out the awards and paste them on the patch.

OPENING

Use the Quiet Sign to get the girls' attention.

Hold the usual flag ceremony or ask the girls to come up with their own version. Don't forget to include the Girl Scout Promise after the Pledge of Allegiance.

ACTIVITIES

Take a Walk Outdoors (from Discover Your Journey; It's Your Planet—Love It! Journey Taster Activity available at http://www.girlscoutsla.org/documents/Daisy_Journeys_Taster_Activities.pdf)
This activity can be used to teach the girls how to make decisions fairly, which will help when it is time for them to decide on which Girl Scout Daisy Journey to work on first.

Materials for this activity:

Access to an outdoor area with fallen leaves, twigs, seeds or nuts.

Crayons and paper

If possible get the girls outside for a short walk in nature.

Before this outdoor adventure begins, take some time to explain Leave No Trace (LNT) practices. LNT is a way to enjoy nature without disturbing it. Let the girls know that they can pick up natural items that have fallen to the ground, but that they should not pluck or pick, or otherwise disturb living things. That means not disturbing any plants or wildlife, including homes, such as nests or burrows; even if they might appear to be abandoned.

• While out, have the girls each collect one natural item. The only catch is that they must <u>all</u> collect the same type of item such as a fallen leaf, acorn, pinecone, or twig.





- First guide the girls through a group decision about what they will collect. Let them know that when they get back inside they will draw the item they collected.
- To get the team decision going, you might ask: Who has an idea about what we should collect?

If the girls have many ideas, help guide them to reach a group decision. You might ask: Who Is willing to change her mind about what we should collect? Who can offer a good reason for some of us to change our minds? Check for bruised feelings if the team decision doesn't go the way some girls wanted.

BUSINESS

What are Girl Scout Daisy Journey Awards and how do the girls earn them?

While the girls are in their Daisy Circle read to them about the different Girl Scout Daisy Journey Awards. (attached)

Have them refer to their colored awards from earlier in the meeting so they will see what they will earn at each step during the journey.

You can talk in more detail to them, if they are ready, by using the complete snapshots from the web site as mentioned previously.

Girl Scout Daisy Journey Decision time:

Using the Journey Snapshots and the decision-making technique they learned in the outdoor activity it is time for the girls to decide on the Girl Scout Daisy Journey they would like to work on first. Remind them that they can always work on another Journey (there are three of them) later if the one they were hoping for wasn't the final decision this time.

SNACK TIME

Ask the girl who brought snack to choose a partner and serve the snack. Or the snack partner could be a Kaper.

CLEAN-UP

Use the Kaper Chart to tidy up the area.

CLOSING

Close the meeting with a Friendship Circle.











Girl Scout Daisy Journey Awards Page 1



Daisy Flower Garden

In this journey for kindergarteners and firstgraders, a favorite pastime—gardening meets the Girl Scout Law. The result is a storybook world of flowers and little girls who,

together, do great things. Girl Scout Daisies will especially enjoy meeting the colorful, global characters who teach them to live the Girl Scout Law. The adult "how-to" guide offers Garden Story Time tips, key ideas for garden projects, and all the Girl Scout history and traditions needed for an adventure starring Amazing Daisy, a new flower friend for Girl Scout Daisies

The Watering Can Award represents girls being responsible for what they say and do. They earn the award by caring for their mini garden and beginning to understand how the Promise and Law play out in their personal lives. The watering can, a source of nourishment in a garden, also serves as a dual symbol: The girls nurture their mini-garden while they nurture themselves by learning the Promise and Law. (Session 3 is an ideal time for girls to earn this award.)

The Golden Honey Bee Award represents taking action—in a big or a small way— to make the world a better place. The award is named for Honey, the bee who leads the girls of the garden story to Amazing Daisy and the Daisy Flower Garden. Girls earn the award as they complete a planting or growing project in their community (probably around session 5)

The Amazing Daisy Award represents knowing—and living—the Promise and Law, just like Amazing Daisy. (Girls receive it at a closing garden party celebration as they say the Promise and Law.) The first two awards show the girls their progress and accomplishments along the journey, which culminates in the more important end goal: making the Promise to live by the Law.

Daisy Flower Garden

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Between Earth and Sky

Girl Scout Daisies join their flower friends for a cross -country road trip in their special flower-powered car! As they travel the country living the values of

the Girl Scout Law, the flowers explore the natural world around them, learning what's local and why that's important.

Between Earth and Sky Awards

This journey presents Daisies the opportunity to earn three awards. Girls consider their feelings and skills and then take into account the feelings and skills of those around them. The girls then move on to engage their larger community and then they move out into their community to "do".

The Blue Bucket Award encourages girls to:

- Become aware of their feelings and the feelings of those around them.
- To develop good relationship skills: for negotiating and compromising to resolve conflicts, and for being considerate and caring to others.
- Tell one another about their feelings and the feelings of those around them.
- Take part in role-playing activities that encourage them to resolve conflicts, negotiate, and be considerate to others.





Girl Scout Daisy Journey Awards Page 2

The Firefly Award is earned as the Daisies:

- Recognize and develop their skills and then choose a skill they will educate and inspire others about.
- Move beyond themselves, and begin to realize the impact they can have on others around them
- Think about and talk about their own skills and those of their sister Daisies
- Choose a skill they can teach others, either at home or in their community.

The Clover Award is earned as the Daisies team up to protect a natural treasure in their region. The award is named for flower friend Clover, who helps preserve the natural habitat of Alaska by convincing her cousin White Sweet clover to leave the state so that its natural vegetation can flourish. The girls:

- Learn about and commit to protecting a natural treasure in their region.
- Educate and inspire others in their community to join with them to protect the local treasure, too.



On this journey girls learn to care for animals and for themselves; then they get creative—through murals, dance, drawing, puppets—and tell their story of caring for animals. Caring for animals, caring for themselves—that builds confidence!

3 Cheers for Animals Awards

This journey presents Daisies the opportunity to earn three awards. Although there's no set way to present them, you might spark the excitement of this award series by presenting the Garden Patch background to all the Daisies at their first session. Or choose a way that works for your group.

Birdbath Award is earned when Daisies learn to care for animals and for themselves through role-play and experiences within the group sessions and outside.

Red Robin Award is earned as the Daisies use their new knowledge and creativity to teach others how to care for animals. Steps to the award are built into the suggested activities in the Sample Sessions.

Tula Award is earned as the Daisies gain courage and confidence in teaching others about animal care.









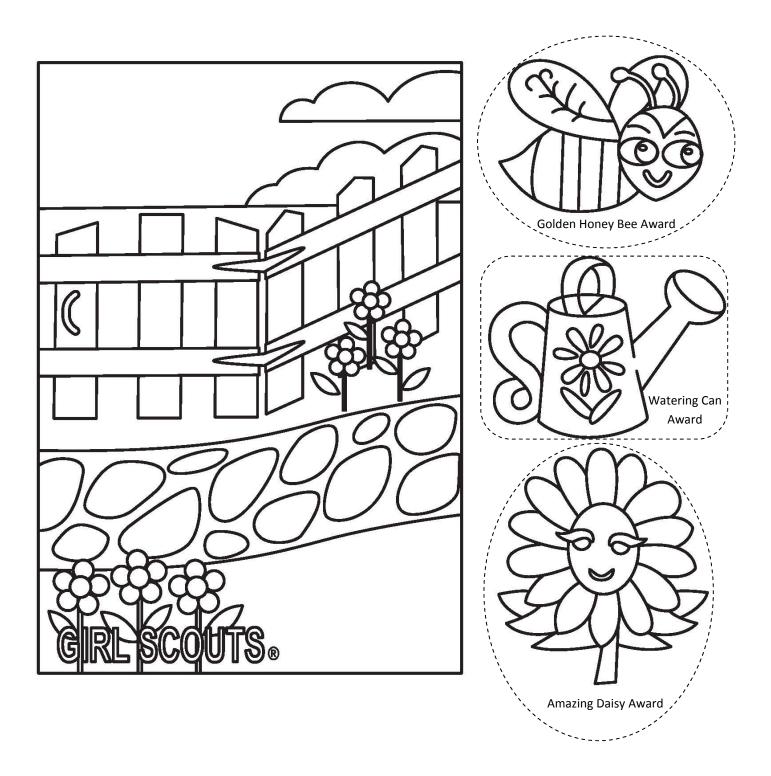








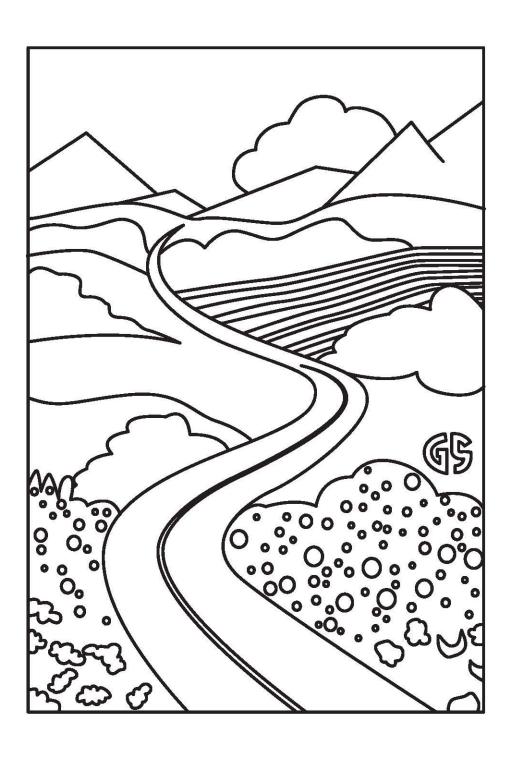
Daisy Flower Garden Awards

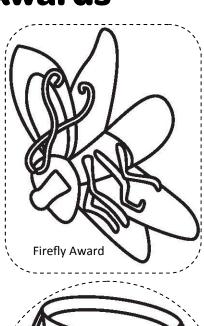






Between Earth and Sky Awards













5 Flowers, 4 Stories, 3 Cheers for Animals Awards

